



ENFIELD CARIBBEAN ASSOCIATION

(Founded 1986)

Charity Incorporated Organisation (C.I.O)

Annual Report & Financial Statement

For the period ended

31 March 2019

Registered Charity No: 1164139

Message from the chair

Following the conclusion of our last AGM on Saturday 17 March 2018, the ECA Trustees appointed me as Chair at their Committee meeting on 16 April 2018.

My period as Chair has again been marked by our continuing financial predicament. As a result, the Trustees took the decision to surrender our lease for the office Community House on 1 July 2018.

Following the surrender of the lease we entered into an agreement with Enfield Council to use their hot desking facility on the ground floor in Community House on Thursdays. The cost for using the hot desking facility is free.

My tenure as Chair of the ECA ends this year and I will be standing down at the next AGM on Saturday 15 June 2019.

I would like to thank the trustees, associate members and volunteers who continue to provide valuable services to the community in the form of our weekly drop-in service, luncheon club, our recently established befriending service and the various community events throughout the year.

With your support we will be able to provide these vital services to the BME community and achieve our mission to make the ECA a strong, independent voice for equality and social justice in Enfield.

If you are interested in becoming a member of the ECA, further information can be found on our website at <http://www.enfieldcaribbeanassoc.org.uk/support-us>

*Paul Riddell
Chair*

Introduction

This Annual Report provides a summary of our main achievements during the period from April 2018 to March 2019, some of our plans for the year ahead and the financial statements for the year ended 31 March 2019.

Principle Objects

Enfield Caribbean Association (ECA) is a small registered charity and was set up to provide social and cultural activities such as day trips, concerts, theatre trips, luncheon club, exercise classes, informal drop-in sessions and general advice and guidance. Through this work the ECA helps and encourages members (particularly those of Caribbean descent) who are isolated or disadvantaged, to overcome difficult periods in their lives and to take positive steps towards improving their own health and well-being, and to discover new opportunities for participating in and benefiting from the community. The ECA also signposts and refer the elderly to other agencies as appropriate.

Our Values

Created in 1986, we are Enfield's oldest Caribbean Association. At the heart of our values lies a commitment to equality, treating all with respect and working to promote cohesion through living our core values.



Our three strategic priorities 2018/19

Strengthen the way we do business

Supporting elderly Caribbean people within the community

Improving the life chances of young Caribbean people within Enfield

OUR ACHIEVEMENTS

1. Strengthen the way we do business

a. Hot Desking at Community House

As we have reported over the last few years, we continue to struggle to remain afloat due to the lack of core funding and individual donations. As a consequence, we took the decision to surrender our lease for the office at Community House on 1 July 2018.

Following the surrender of the lease we entered into an agreement with Enfield Council to use their hot desking facility on the ground floor in Community House on Thursdays. The cost for using the hot desking facility is free.

b. Forming strategic partnerships & alliances

We continue to form alliances with other ethnic groups and voluntary organisations in the Borough, in order to deliver our strategic objectives and we continue to explore avenues by talking to other groups to see how best we can work collaboratively.

c. New Trustees & Associate Member

In April 2018 we appointed Joy Donaldson and Oveta McInnis as Trustees and Cedric Levy was appointed as an associate member to the ECA's Executive Committee January 2019.

d. Black History Month Celebrations

On Saturday 27 October 2018, we held our annual Black History Month event to share and learn how we interact and impact on each other socially, culturally and politically by celebrating the contributions that people of black origin have made to the UK. The event was entitled "**Past, Present & Future**", which focused on the black community in Britain from the 1940s to the present day. There were a number of notable contributions from the speakers and performers.

The keynote speaker at the event, Sir Godfrey Palmer, OBE, enthralled the audience with his thoughtful and insightful stories and experiences.

Poets Moina McInnis and Suley Muhidin captivated the audience with their poems, which were written specifically for the occasion.

Steppaz, a hip-hop dance group, gave an energetic and vibrant performance. Denise Parks gave a creative solo dance performance and the Quadrille dance group performed a medley aimed at promoting a positive awareness of Jamaican cultural heritage.

Finally Dreya Groves, opera singer performed a duet with her son Daniel who is a cellist. Daniel gave a haunting and beautiful performance on the cello and received a standing ovation from the audience.

The event was sponsored by the Big Lottery Community Fund and Enfield Council.

e. Fundraising Events

In June 2018 and March 2019, we held two very successful Quiz nights at St Stephens Church Hall in Bush Hill Park to raise funds. We will be holding another quiz night at the same venue on 21 September 2019.

2. Supporting elderly Caribbean people within the community

a. Supporting Your Health & Wellbeing

As part of the services we provide to the local community, the ECA continues to hold a weekly Luncheon Club for elderly BME people in the borough. The Luncheon Club is held every Friday at TAB Methodist Church from 1:00 pm - 4:00 pm. We have recently experienced a decline in the number of people who attend the club for various reasons and we have developed a strategy to increase the number attending and to improve the experience.

b. Advice, support advocacy, wellbeing

We offer free advice, support and advocacy through our 'drop-in' service and run exercise classes to help the elderly maintain their cardiovascular health and well being, strength and flexibility.

A keep-fit, exercise class and a "drop-in" session are held every other Thursday at Community House from 10:00 am to 12:00pm. Over the past few months there has been a decline in the numbers participating in these sessions. As such, the Trustees are considering whether it is financially viable to continue to run the exercise class and drop-in service.

c. Befriender Service

In December 2018, we were successful with our application to Enfield Council's Small Project Fund for £5,000 to set up a befriending service for elderly BME people in the Borough.

We have recruited a project worker who is responsible for appointing and managing 12 volunteer befrienders and 12 befriendees.

Befrienders will visit and offer support to befriendees including, talking, running errands, and assisting them to attend doctor's appointments, personal grooming i.e. having their hair done, visiting parks and libraries, etc. This will help the befriendees to keep healthy, connected and safe and will enhance their wellbeing and quality of life.

All volunteers will be required to undergo a Disclosure & Barring Service (DBS) police check and will receive basic introductory training to fully understand the role they are expected to carryout.

3. Improving the life chances of young Caribbean people within Enfield

a. Careers Days

We have held 3 Careers Days in schools in Enfield. The first took place at Bush Hill Park Primary School on Wednesday 23 May 2018, the second at Enfield Grammar Secondary School on Thursday 12 July 2018 and the third at Heron Hall Secondary School on Thursday 24 January 2019. The purpose of the Career Days is raise the aspirations and provide knowledge of the range of careers and opportunities available to students, by enabling them to meet a number of successful professionals and business people, so they can make more informed choices about their future.

We have made links with other schools in the Borough of Enfield. For example, two of our Trustees gave a presentation to year 9 students at Chace Community School in Enfield. As a result, the year 9 at the school raised funds for the elderly at our luncheon club.

4. The Year Ahead

As reported above, during the reporting period, there has been a decline in the numbers attending the exercise and drop-in service. As a result, at an Extraordinary General Meeting in May 2019, the Trustees of the ECA took the difficult decision to suspend the exercise class and drop-in service forthwith.

This decision was not taken lightly but unfortunately it is currently not financially sustainable for the ECA to continue the service. This is partly due to the decreasing number of people attending on a regular basis, the resignation of the keep fit trainer due to ill health and our failure to secure core funding.

The Trustees considered a number of options, including increasing the fees to attend the fortnightly service but felt that this was unfair to you as our members.

The Trustees will endeavor to find a solution that will enable us to reopen the service in due course.

Looking forward to the year ahead, our main strategic priority is establish the ECA as a Family and Children Hub and to provide additional support to the local BME community through funded projects and partnership working with other organisations in the following areas:

- Housing
- Health and Wellbeing
- Education
- Community and Cultural Esteem
- Leadership Contribution (Mentoring Support)
- Social Skills (young people)?
- Criminal Justice System

Other strategic priorities include:

- Build a strong online presence by improving our website content to retain and attract more visitors.
- Developing and implementing a fundraising strategy with clear aims and objectives to secure funding from various grant providers locally and nationally to further develop the ECA's organisational structures and support networks.
- Hold 2/3 careers day at a primary and secondary school for young BME pupils aimed at raising their career aspirations and life chances.
- Hold a Windrush Day event to celebrate the pioneers who came to the UK from the Caribbean to work from 1948 onwards. This year our Windrush Day is on Friday 21st June 2019.
- Continue to hold our weekly luncheon club.
- Hold a Black History Month event in October 2019.
- To explore the feasibility of establishing a Saturday Academy, which will be called the Ken Allen Saturday Academy, for children aged between 3 and 11.
- Relaunch the exercise class and drop-in service.

ENFIELD CARIBBEAN ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	Unrestricted Fund	Restricted Fund	Total Funds 2019	Total Funds 2018
	£	£	£	£
INCOMING RESOURCES				
Donations	9,921		9,921	7,668
Income from charitable activities:				
Big Lottery Fund (Awards For All)				8,250
London Borough of Enfield		5,750	5,750	
TOTAL INCOMING RESOURCES	9,921	5,750	15,671	15,918
RESOURCE EXPENDED				
Expenses in raising funds				
Expenses on charitable activities				
Operation activities/Black History Month		7,618	7,618	1,160
Luncheon Club activities & catering	5,625		5,625	1,705
administration and office costs		183	183	269
Insurance	1,239		1,239	2,262
Rent and Room Hire	1,102	254	1,356	1,357
Professional Fees	350		350	350
Website	312		312	595
Training	15	100	115	
TOTAL RESOURCES EXPENDED	8,643	8,155	16,798	7,697

Net Incomings and Outgoings	1,277	(2,405)	(1,128)	8,221
Balance Brought Forward	924	7,732	8,656	435
Balance as at 31 March 2019	2,201	5,327	7,528	8,656

ENFIELD CARIBBEAN ASSOCIATION

BALANCE SHEET AT 31 MARCH 2019

	Notes	FUNDS	FUNDS
		<u>2019</u>	<u>2018</u>
		£	£
Current Assets:			
Cash at Bank and In Hand		7,878	9,006
Current Liabilities:			
Amount falling due within one year			
Accruals	(12)	350	350
Net Assets		<hr/> 7,528	<hr/> 8,656
As Represented By:			
Unrestricted Fund		2,201	924
Restricted Fund	(13)	5,327	7,732
Total Funds		<hr/> 7,528	<hr/> 8,656

The accounts were approved by the Trustees on 13/05/2019.

Appendix 1 - Members of the ECA

Trustees:

Mr Paul Riddell - Chair

Ms Oveta McInnis - Vice Chair

Mr Bevin Betton

Ms Joy Donaldson

Mr Lincoln Fisher

Ms Audrey Lucas

Ms Sonia Nkatazo

Ms Norma Sterling

Associate Member:

Mr Cedric Levy

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